-13. (NEW) The crystal of a mirtazapine hydrate according to claim 7, wherein the crystal is pulverized.--

--14. (NEW) The crystal of a mirtazapine hydrate according to claim 13, wherein the average particle diameter of the pulverized crystals is 10 to 70  $\mu$ m.--

--15. (NEW) The crystal of a mirtazapine hydrate according to claim 13, wherein the average particle diameter of the pulverized crystals is 20 to 60  $\mu m.$ --

--16. (NEW) A method for treating a human suffering from depression, comprising administering a pharmaceutically acceptable composition prepared from an effective amount of mirtazapine crystals having a hygroscopic degree of not more than 0.6% by weight when the crystals are stored in the air having a relative humidity of 75% at 25°C under atmospheric pressure for 500 hours.--

--17. (NEW) The method according to claim 16, wherein the mirtazapine crystals have been prepared by a process comprising drying crystals of a mirtazapine hydrate represented by the formula I:

